

Lesson No. (21)

## **LOVE, SEX & LIES**

- References:**
1. Bible: [1 Cor. 6:9-20]
  2. Video tape Love, Sex and lies

### **Notes for Servants:**

### **Objectives:**

**General:** Sex is outside the marriage frame, is a sin against God.

- Specific:**
- emotions and its hazardous
  - community and peer pressure regarding sex
  - protection against falling into the adultery trap.

### **Instructions:**

- Parts of the video tape can be shown during the lesson to show them the other side of the story of teenagers like them talking about broken hearts, aids.....etc.

### **Bible Verse:**

**"Do you not know that you are the temple of God, and that the spirit of God dwells in you? "**

[1 Cor. 3:16-17]

### **Lesson:**

## **LOVE, SEX & LIES**

### **Introduction:**

The subject of adultery mentioned in the ten commandments *Thou shall not commit adultery.* [Ex. 20:14], is one of the major problems that face teenagers these days. As we have mentioned when we started to talk about the ten commandments that God gave us these commandments so as to put rules for the relation between the human being and God and between the humans themselves. If we ask ourselves why didn't God let the human being have sexual freedom to do whatever he wants? St. Paul answers this question when he said **Flee sexual immorality. Every sin that a man does is outside the body; but he that commits sexual immorality sins against his own body.** [1 Cor. 6:18]. Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? [2 Cor. 3:16-17]

**1. Emotions and its rule:** Hormones in our bodies play its rule, the kind of attraction usually

felt to the opposite sex, during the teenagers period, is due to the huge amount of hormones activated in the body at that age. Media, books and magazines also play a part in increasing the pressure on this subject.

The first step into falling into the sex trap is emotions and feelings. Usually at that age there is a mixing between the physical attraction due to the increased amount of hormones in the body, and with feelings. Feelings at teenagers age can be very misleading and usually they are immature. It is too early to judge feelings and consider them true. When we were children we used to favour a certain toy or a certain cartoon but now as we grow up we have other things that we favour. What seems to be the most important and true things to us now, as years go by, you will discover that it was so strange that you were possessed by those feelings or thoughts.

**Story:** There was a girl that liked a young man of her age and he was not really a suitable person for her, she was always an A student and he dropped out of school and worked a manual work that doesn't promise an outstanding career. They wanted to get married while still young, her parents were very patient with her and told her the feelings you experience now for this young man can be false, so please we ask you just to wait for 5 years until you finish your studying. She obeyed and after high school she joined the university and became a very famous journalist. She discovered that he was not the suitable husband for her, they talk different language, have different views in life, he is satisfied with his simple job and she is ambitious, successful and have a lot of promising career opportunities. Then she thanked God that he made her parents enlightened enough to guide her out of this teenager trap.

**2.A series of sins:** As Pope Shenouda has said that virtues result in more virtues and also sins reproduce more sins. King David the prophet that God said about him that he was a man after His own heart, when he looked at another woman **A**he saw a woman washing herself; and the woman was very beautiful to look upon. @ 2 Sam 11:2, not only did David commit adultery but this adultery led to other crimes. **A**And he wrote in the letter saying, Set ye Uriah in the forefront of the hottest battle, and retire ye from him, that he may be smitten, and die. @2 Sam 11:15. He killed her husband to get her as a wife, David the man who had the courage to fight Goliath stole another man=s wife and killed him. God sent Nathan the prophet ***Wherefore hast thou despised the commandment of the LORD, to do evil in his sight? thou hast killed Uriah the Hittite with the sword, and hast taken his wife to be thy wife, and hast slain him with the sword of the children of Ammon. Now therefore the sword shall never depart from thine house; because thou hast despised me, and hast taken the wife of Uriah the Hittite to be thy wife.*** ( 2 Sam 12:9-10)

David repented **A**And David said unto Nathan, I have sinned against the LORD. And Nathan said unto David, The LORD also hath put away thy sin; thou shalt not die. @ (2 Sam 12:13) but still there consequence for his sin and God prevented David from building God=s temple because his hands were full of blood. Chapter 13 in 2 Samuel tells us about Ammon David=s son who loved his sister Tamar and he committed adultery with her and the bible says that **A**Then Amnon hated her exceedingly; so that the hatred wherewith he hated her was greater than the love wherewith he had loved her. @ (2 Sam 13:15) All the love he had for her turned into hatred.

### 3. Temptations faced:

\$ **Media:** we are all surrounded specially in North America with media means that encourage adultery with all its forms. We have adultery with all its shapes and it can be named different names e.g. girl friend, boy friend, extra marital relationships, homosexuality. All of these forms are the major subject for the media. As we can't stop the media from spreading adultery propaganda we can prevent our selves from receiving such messages. The internet, books magazines, TV, movies.....etc. We should be very strict with what we see and what we hear as we can be affected either directly or indirectly with what media offers of adultery and step by step our lives can be ruined because of that And remember that adultery can be by thoughts too as our Lord Jesus has said

**Whoever looks at a woman to lust for her, has already committed adultery with her in his heart.@ [Matt. 5:28]**

\$ **Peer pressure:** at school there is a lot of talking about sex and a lot of students boast of having these relations. However as there are other sides of the story, as we have seen that HIV is not an easy thing to have. All of those who talked about HIV said that single minutes of pleasure is not worth the risk of having a sexually transmitted disease like AIDS. In addition there are a lot of stories about ending up a relation with a broken heart, abortion or with a child while still a teenager. All of these consequence are the result of trying to achieve a fantasy that last for a few minutes leaving the bitter truth for you to suffer for the rest of their lives.

\$ **Lack of the fear of God:** We live in a community that puts God's commandments as the last thing. But, you as a son or daughter of God knows what is right and what is wrong should not try to do as others do Aimitation@. Remember what happened to Samson because of Adultery and how he lost his power when he disobeyed God's commandment. God burnt Sodom and Gomorrah because of adultery and homosexuality. We always say to those who defend the sexual freedom and homosexuality what St. Paul said **Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, will inherit the kingdom of God.@ [1 Cor. 6:9-10].**

### Conclusion:

#### Some useful points in trying to avoid adultery:

1. Keep your mind and thoughts clean and don't try to KNOW as knowing evil results in doing evil. Adam and Eve were kicked out of paradise when they disobeyed God and ate from the tree of the knowledge of good and evil. Because God knew that human nature tends to do evil when it becomes familiar with it. Keep this kind of evil knowledge away from your head especially when it comes from sources like internet, magazines, movies.....etc.
2. Tell your self that my eyes that see Jesus on the altar should not see these things and my ears that hear divine matters in the liturgy should not be put down to hear these things.
3. Be strong in character and don't fear what your classmates or friends will say. Be strong and

people respect those stick to their principles.

4. Remember that sin has its punishment and virtue has its reward. When God Sees how much you are sticking to his commandments surely He will reward you generously.

5. Feeling in your age are immature and you can tell yourself, not now when I have more experience in life I will be in a better position to judge.

6. Always pray that God would give you the strength to say no as He has given Joseph the righteous to power to say no to sin.

7. Confession and communion