

Lesson No. 4

Peer Pressure

Notes For Servants:

1. We have to know that peer pressure effects all ages not only young children or teens, adults also are subject to peer pressure.
2. We as servants should remember experiences in this area and understand the social atmosphere which the children live in and try hard to help them overcome this problem.

Objectives:

General: Learn how to face peer pressure with strong will.

Specific:

1. We should understand what make us yield to peers to fight back.
2. We must choose the right friends to avoid the wrong pressure.
3. We must keep faraway from in situation might lead us to break God's Law.

Instructions:

1. Church occasion.
2. Introduce the topic by talking about friendship and companionship and the difference.
3. Talk about the conflict between the our Christian way and the world way.
4. Explain the difference between following God's way and one of our companions'.
5. Clarify why many people fall under the pressure of their peers.

Bible Verse:

“If ye love me, keep my commandments.”

(John 14:15)

Lesson:

Peer Pressure

Definition:

Peer pressure is pressure from friends to do something you do not believe is right and/or have been taught is wrong.

What wrong we could be pressured to do?

1. Smoking, drinking, doing drugs.
2. Sexual activities.

3. Stealing and probably murdering.
4. Disturbing the lessons in the classroom or any group meeting.
5. Join some cults or organization.

How do they pressure me?

1. By making fun of and calling me names (such as chicken ... etc.) if I do not follow what they say.

***“Blessed are ye, when men shall revile you, and persecute you,
and shall say all manner of evil against you falsely, for my sake.”***

(Matthew 5:11)

The verse above tells us that if we resist peer pressure, we will be blessed.

2. Threaten to exclude me from the group.

What is the result if I do what they say?

1. You could be breaking one of the Commandment:

for example:

"Honour your father and mother" (Exodus 20:12)

When we are pressured into doing something, we always remember what we have been told by our parents. According to the commandment above, we must honour and respect the words and knowledge of our parents. It is our choice to obey our parents and resist peer pressure which leads us to doing something which we know is wrong.

2. You may lose something you own. The following is an example from the Bible which shows this clearly:

When Rehoboam, the son of Solomon had become king, the people of Israel came to him asking that he may lighten the burdens of service which his father had imposed. He told them to come back in three days for his decision. King Rehoboam consulted the elders who had spent a lot of time with King Solomon and asked their advice on how to answer the people of Israel. They advised him to lighten their burdens and that they would then be his servants forever.

He rejected the elders' advice, consulting the young men whom he had grown up with (his peers), and they told him to make the people's burdens more heavy than his father Solomon.

When the people came back after three days for the reply, King Rehoboam spoke to them according to the counsel of the young men. Due to the advice of the young king's peers and not the elders who had gained wisdom from his father. The kingdom of Israel was split into two as a result of that.

3. You may lose your health (physically or mentally). Give example.

4. You may lose your faith and turn away from God, and you will be included in their group and excluded from the Kingdom of God.