

EUCCHARIST IN OUR DAILY LIFE

References:

John 6:56

Notes For Servants:

- 1.
- 2.

Objectives:

General:

Specific:

- 1.
- 2.
- 3.
- 3.

Instructions:

- 1.
- 2.
- 3.
- 4.
- 5.

Bible Verse:

“He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.”

(Jn 6:56)

Lesson:

Eucharist in Our Daily Life

OUR NEW LIFE IN THE WORLD

Our return from the *Feast of the Kingdom* into the life of this world, to our homes, our family life, our friends and neighbours is one of the most important parts of the Eucharist. Something happened to us while we are in the Church. We saw and tasted and felt something different. We saw a vision of God's kingdom; we became a part of God's love and life when we received His food of new life. Perhaps, we even began to look at our world in a different way. Perhaps we began to see it as a wonderful gift of His love. But now, as we return, we must tell others of our experiences. We must help other people to understand

what it means to live a new life in Jesus Christ.

This Liturgical prayer makes you feel that participation in the Eucharist means living the life of the risen Christ

"Thou hast purified us, Thou wilt united us into Thyself, through our Communion of Thy heavenly Sacraments. Grant us, O Lord, a mind and a power of understanding that we may flee for ever from every evil. And give to do Thy will at all times, proclaiming Thy glory everywhere."

As we leave the Church we carry with us the blessing and peace and strength of Jesus Christ. We go back to our daily lives as witnesses of His glory. The work of our Lord Jesus in the world now continues through us. We are now the Body of Christ. We have the gift of new life. Through us, the world itself can be made new, as long as we live in Jesus Christ. Read carefully the prayer of Jesus to His Father:

"As Thou didst send me into the world, So I have sent them into the world. And for their sake I consecrate myself, that they also may be consecrated in truth" (John 17 :18, 19)

JOY IN GOD

The fruit of the Eucharist is the real internal joy; the believers in the time of the apostles, used to be filled with joy and with the Holy Spirit because they regularly attend the prayer and communion and teachings together. And this joy is clearly noticed on their faces as a sign of internal peace throughout their daily life.

KEEPING THE TESTAMENT

In the holy liturgy, the priest repeats the words of Jesus to His disciples: "This is my Body, ... this is my Blood, of the New Testament. Each time you eat of this bread and drink of this cup, you proclaim my death and confess my resurrection and remember me til I come". The real believer has to keep this Testament which he has taken in Church.

* The contentious proclamation in the name of Jesus Christ whether by serving others or by our calm reputation makes the sacrament abide in us.

* And our confession of His resurrection gives us strength to overcome every bodily anxiety and desire.

* And the anxious awaiting of Christ, whether in His coming or our going to Him, are all proofs of the effect of the Holy Liturgy on us. And so it is, whenever we partake of the Lord's table.

PRAYER OF THE FINAL BENEDICTION

The priest says this prayer after the communion so that the effect of the sacrament goes on throughout our daily life.

"Abide in them, walk among them, raise their hearts from every dirty thought, and help them in every good work. Grant them your love: for the eternal life. O Lord save Thy people, lead them forever, by the power of Thy life-giving Cross."