

The Holy Communion

References

John 6.

Notes for Servants

- ★ The holies for the holy. Blessed be the Lord Jesus Christ, the Son of God, the sanctification of the Holy Spirit. Amen.
- ★ Do we really understand the meaning of the host? Are we truly holy to accept the body and the blood of Jesus Christ?
- ★ We should examine ourselves very carefully before approaching the body of Christ, so that we may receive blessing, and not condemnation.

Objectives

General: God give us the blessing of being united with Christ.

Specific: The children will be able to:

- A. Understand the meaning and the requirement of the church sacraments;
- B. Explain how and when the bread and wine is transformed into the body and blood of Jesus Christ;
- C. Realize the blessings in practising the church sacraments.

Bible Verse

**"He who eats My flesh and drinks My blood
abides in Me, and I in him."**

(John 6:56)

Teaching Aids

1. Felt figure and flannel board.
2. Video.

Instruction

- (1) Review last week's lesson.
- (2) Who remembers the verse?
- (3) Remind the children about the church occasions for the coming week.
- (4) Teacher should prepare the appropriate questions to emphasize the objectives during the lesson.

Story Time

1. What does "an ecclesiastical Sacrament" mean? (It is a consecrated work through which a believer receives an invisible grace through visible material.)
2. How many sacraments are there? Mention them.
3. What are the conditions for the fulfilment of the sacrament?
4. What are the conditions of the lawful confession?

The Lord Jesus established the sacrament of communion for us on the night of His passions (on Maundy Thursday) when He held the bread in His pure, spotless and undefiled hands, gave thanks and blessed it, and He broke it and gave it to His saintly Disciples saying: "Take, eat; this is my body." He then took the cup, and gave thanks, and gave it to them, saying: "Drink ye all of it; this is my blood of the New testament, which is shed for you and for many for the remission of sins." (Matthew 26:26-28)

This Sacrament of Holy Communion is necessary for Salvation. The Lord Himself said to us, "Verily, verily, I say unto you, except ye eat the flesh of the Son of man and drink his blood, ye have no life in you." (John 6:53)

Our Lord Jesus Christ teaches us that after the bread and wine are sanctified, they turn into His Body and Blood. When we receive the Holy Communion, we receive the Body and Blood of Christ in the form of bread and wine. That is why a believer should be prepared before he receives communion.

The believer should:

1. Purify his conscience through true repentance and confession to a priest.
2. Start fasting from midnight.
3. Wash his body and put on clean clothes.
4. Pray with faith before and after receiving Communion.

Discussion

- 1 - Follow up the story by talking about it with the children.
- 2 - Continue the discussion while they do the activity.

Learning Activities

Activity Sheet.