

Lesson No. ( 28 )

# The Discovery of the Cross

by Empress Helene

## References

The Sinaxarium.

## Notes for Servants

- ★ Does the cross have a place in your heart?
- ★ Does the cross give you cordial inner comfort and satisfaction for your soul?
- ★ Do you believe that the cross is the cause of your satisfaction and the forgiveness of your sins as the blood of Christ that cleanses us from all sins was poured on it?
- ★ Do you pray to the beloved God who took flesh, became man and was crucified for you and in this your spiritual power will increase so long as you pray to Him? Repeat this statement many times - "My beloved Crucified Lord, have mercy on me."

## Objectives

**General:** Our importance of the cross.

**Specific:**

The children will be able to

- A. proud of the Cross as symbol for salvation.
- B. explain why should we wear or carry cross all the time.
- C. understand why should we hold fast to the cross.

## Bible Verse

**"I should glory, save in the cross of our Lord Jesus Christ."**

(Galatians 6:14)

## Teaching Aids

Felt figure and flannel board.

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## Instruction

(1) Review last week's lesson.

(2) Who remembers the verse?

(3) Remind the children about the church occasions for the coming week.

(4) On 10th of Paramhat (19th of March) of every year, we celebrate The Feast of the Cross, on which we commemorate the discovery of the glorious Cross of Jesus Christ, our Lord. Because this feast always fall in the Lent, the church celebrate the Feast of the Cross on 17th of Tute (27th of September) in which the church of the holy Cross was consecrated.

## **Story Time**

The Lord arranged that the persecution of the Christians would come to an end by the hands of King Constantine who worked for the good of the church. He gave his mother a great amount of money and sent her to the Holy Land to build churches and monasteries.

Queen Helene was 80 years old when she went to Jerusalem to search for the Cross upon which Christ was crucified. At first, she failed to find it. But she knew that the Jews had put a hill of dust on the place where Christ's tomb was, and that they had built a pagan temple on it. She gave orders that the temple should be destroyed and the hill be removed.

During digging, they found the tomb of the Saviour and three crosses and some nails near it. They brought a sick woman who suffered from a dangerous disease for a long time and put the cross on her, but she was not healed. They put the other cross on her, but she did not recover. But when they put the third cross on her, she was healed at once. When they put the same cross on a dead body of a man, he was brought back to life. In this way, Queen Helene could recognize the Lord Christ's cross and she was very pleased to discover it. She built a church there and that day on which she discovered the cross became a feast in the church. That was in the 4th century.

## **Discussion**

- 1 - Follow up the story by talking about it with the children.
- 2 - Continue the discussion while they do the activity.

## **Learning Activities**

Activity Sheet.