

Lesson No. (49)

Confession and Communion

References

Many.

Notes for Servants

- ★ We, as servants, should practice confession often so that we may be able to confront the temptations and resist the devil.
- ★ We should be a model in our lives that our children may follow our path as we follow the path of our Lord Jesus Christ.
- ★ we should list all our sins precisely, pray and record what we should confess about. Go to confession and receive communion.

Objectives

General: To be united with Christ.

Specific:

The children will be able to ...

- A. Understand the meaning of the two sacraments.
- B. Learn that confession is very important for our salvation. Start confessing their sins if they did not confess before.
- C. Know that by taking communion we are united with Christ.

Bible Verse

"If we confess our sins, he is faithful and just to forgive us our sins."

(1 John 1:9)

Teaching Aids

Felt figure and flannel board.

Instruction

- (1) Review last week's lesson.
- (2) Who remembers the verse?
- (3) Remind the children about the church occasions for the coming week.
- (4) Teacher should prepare the appropriate questions to emphasize the objectives during the lesson.

Story Time

What is a sacrament?

It is a consecrated work through which a believer receives an invisible grace through visible material.

How many sacraments are there? Name them.

A lawful priest utters some holy words which are known, and uses a known material such as water in Baptism.

We know that we - through Baptism we became a new nature, but we live in the world so we may make mistakes.

How can we clean ourselves from these mistakes?

Tell the pupils the story of the washing of the disciples' feet. (John 13).

During the Last Supper... on Maundy Thursday... the Lord Jesus Christ poured some water into a vessel and asked his pupils to draw near so that He might wash their feet... Peter said, "No Lord...", but Jesus said to him, "If I do not wash your feet, you will no longer be my disciple..." Lord... then washed my hands and head too... All of you are clean... whoever has taken a bath is completely clean, and does not have to wash himself, except for his feet, to clean himself from the dust of the world i.e. sin. "If we say we have no sin, we deceive ourselves, and the truth is not in us"... Sin is like pus in the wound... If we do not clean it, it will corrupt the wound and then you have to put a cleansing material on the wound... Thus you have to confess, then receive the Holy Body and Blood of Christ.

What makes confession lawful?

1. Confession should be to a priest. (John 20:23)
2. Everyone must examine his/her conscience and count his sins what he made against the Lord and against his /her neighbours.
3. We should feel how ugly and horrible sin is. He should repent and have the intention of not returning to it through the grace of God.
4. We should come to the priest, bow before him, make the sign of the cross, say the Lord's prayer, and confess his sins precisely without hiding any sin.
5. He must not mention any names in his confession lest he should reveal mistakes.
6. He should obey the priest and follow his advice.

Discussion

- 1 - Follow up the story by talking about it with the children.
- 2 - Continue the discussion while they do the activity.

Learning Activities

Activity Sheet.