

Lesson No. (10)

The Manna and the Quails

References

Exodus 16.

Notes for Servants

- ★ The lessons we learn from the manna are useful and valuable. God's people were exposed to hunger in the wilderness and so the case is with us.
- ★ We also are exposed to hunger. The life given to us by the Lord does not find satisfaction in this wicked world. It longs for heavenly things and is hungry for the love of God. Such things are strange to the new man. We have to be cautious lest we feed on the ancient and neglect the new.

Objectives

General: God's love and care for His people.

Specific:

The children will be able to...

- A. Feel God's love to His people although they complained and murmured.
- B. Pray before and after meals, saying, "Lord, I thank you for this food."
- C. Thank God every day for what He gives us.

Bible Verse

" Give us this day our daily bread. "

(Matthew 6:11)

" I am the bread of life. "

(John 6:35)

Teaching Aids

Servant prepare his own.

Instruction

- (1) Review last week's lesson.
- (2) Who remembers the verse?
- (3) Remind the children about the church occasions for the coming week.
- (4) Servant starts the lesson by asking some questions about how the Lord cared for His people in the wilderness.
- (5) Servant may explain the taste of manna was like wafers, made with honey.

Story Time

In the second month, after they had departed from the land of Egypt, all the food they had brought with them ran out. The people complained to Moses saying that they had no food to eat and that they would starve to death. "Would that we had died by the hand of the Lord in the land of Egypt." Moses was sad because the congregation of the people of Israel murmured against him. Moses prayed to the Lord. "Lord, these people cause wrath." The Lord said, "I love these people, so I will forgive them."

Moses said, "They have no food." The Lord said, "I will send them food. I am the bread of life." Moses said, "I thank you, my Lord." In the same evening, the Lord sent them quails in great number. These birds came into their camp and they were very happy because of the new food. They thanked God. Moses said to them, "Take and eat of it all."

1. Why did the Israelites murmur against Moses?
2. Why did Moses pray to the Lord?
3. What did the Lord say to Moses?

In the early morning, while they were still asleep, there was dew around the camp. When the dew evaporated, there was something thin and flaky on the surface of the desert. It was as delicate as frost. It was white in colour. It fell on the sands but it was not dirtied. It was not known to them and the people did not have a name for it. Moses woke the people. The people got up to see the care of God and the new food. They tasted it; it had a sweet taste like flour mixed with honey. It was "manna". It is the food of the angels. Moses said to them, "Gather as much of it as you need and be cautious. It will melt in the heat of the sun. It should be gathered daily every morning, otherwise it will be full of worms and it will smell rotten. The people were very happy and they went out to gather it. Some of them were greedy. They wanted to take more than they needed and they did. Others gathered what they needed. Then, worms came and ate it. When we pray, we say, "Give us this day our daily bread."

After that, each gathered according to what he could eat. They took the food to their tents, ground it and baked it. It had a sweet taste like flour mixed with honey.

1. What is the name of the birds?
2. What is the name of the new food?

On the sixth day, the people went out to gather manna as usual. To their surprise, they found twice as much food. They called Moses. He told them that the Lord wanted them to keep holy the Sabbath day (the seventh day). He ordered them to gather what they needed for the seventh day. Some obeyed but the disobedient went out as usual on the seventh day but they did not find any manna. The Israelites ate manna for the next forty years. The Lord sent it to them every morning. They did not exert any effort to get it. The Lord sent His people food because He loved them and because they were in the wilderness which contained no food.

1. Who fed them in the wilderness?
2. For how long?
3. On which day did the Lord send double the amount of food?
4. What is our day of rest?
5. What do we usually do on Sundays?

Discussion

- 1 - Follow up the story by talking about it with the children.
- 2 - Continue the discussion while they do the activity.

Learning Activities

Activity Sheet.